

Massachusetts

HUNGER AT A GLANCE



1 in 7

kids struggle with hunger.



Only 46%

of kids who eat free/reduced price school lunch also eat school breakfast



Only 18%

of kids who eat free/reduced price school lunch also eat summer meals

Our Partners in Massachusetts

No Kid Hungry works with a variety of partners, including:

Catholic Charities of the Archdiocese of Boston

Haven from Hunger

Project Bread

No Kid Hungry's Impact in Massachusetts

Carrie is a young mom from Ipswich, Massachusetts, since graduating from a six-week Cooking Matters cooking course she's learned how to stretch her tight food budget and cook her family healthy meals. As Carrie explains, "Cooking Matters gave me the chance to learn some basic cooking skills, like how to chop mushrooms and mince garlic. That may sound simple, but



I had always bought things pre-cut or pre-sliced, which is more expensive. Being the wife of a seminary student and the mother of two little boys, I am so thankful that Cooking Matters taught us how to cook on a budget." Through our Cooking Matters programming, No Kid Hungry is teaching thousands of families across the country to shop smarter, use nutrition information to make healthier choices, and cook delicious, affordable meals.

About No Kid Hungry

No child should go hungry in America, but 1 in 6 kids will face hunger this year. Using proven, practical solutions, No Kid Hungry is ending childhood hunger today by ensuring that kids start the day with a nutritious breakfast and families learn the skills they need to shop and cook on a budget. When we all work together, we can make sure kids get the healthy food they need. No Kid Hungry is a campaign of national anti-hunger organization Share Our Strength.

Take Action

Learn more about how you can help end childhood hunger.

Join us at NoKidHungry.org